Day 2- Activity Day

1. Activity #1 Silent Line

Students must get into a straight line in a particular order without speaking.

* Gr. 6 – By height
* Gr. 7 – Alphabetical by first name
* Gr. 8 – By Age (Youngest to oldest)

1. Activity #2 Chocolate River

Students will be divided into groups of 6-8 and will be asked to stay behind the line at one side of the gym. They will be given polyspots and told that they need to get from one side of the gym to the other by only stepping on the polyspots. First group to complete the challenge wins. Give students 2-3 minutes to problem solve before starting the activity.

# of Poly spots

* Gr. 6 – 1 per person in the group
* Gr. 7 – 2 Less than what is in the group
* Gr. 8 – 3 Less than what is in the group

Rules:

* If you leave a polyspot unattended (Drop it on the floor without anyone touching it) it is lost and you must complete the task down one polyspot.
* You cannot touch the floor with any part of your body between the start and finish line or you must restart.
* The task is not complete until all members of the team are across the “River”.

1. Activity #3- Kick the Can (Ball)

This game is a variation of Tag. Select 4-5 people to be “it” and give them Pinnies to allow them to stand out to the class. In the middle of the playing area place a pylon that the “it” people are going to try to protect. The object of the game is from the “it” people to tag everyone in the gym while the pylon remains up. If the pylon gets knocked over, all members who were tagged are now free, and the “it” group must now place the pylon back up and continue to try and tag everyone.